

Multi-Sensory Handwriting Ideas:

- **Flour or Sand** - pour a shallow layer of flour or sand on a tray with edges and use your fingertip to write letters.
 - **Road Letters** - place masking tape on the floor in the shape of letters and have your child drive a toy car over the tape to correctly form letters.
 - **Shaving Cream** - put shaving cream on a tray with edges, smooth it out to form a shallow layer, and use your fingertip to make letters. Can also do this on a shower wall. Regular shaving cream will sting if it gets in eyes. There are kid's versions that are supposed to be sting free.
 - **Flashlight** - use a flashlight in a dark room and form letters on the wall with the light.
 - **Play dough** - roll the dough into a long log and shape into letters.
 - **Dirt/Sand** - if outside, use a stick to form letters in the dirt or sand.
 - **Sensory Bag** - place paint or hair gel in a large ziplock bag. Squeeze out most of the air and seal well, even cover the seal with duct tape for extra security. Lay the bag on a table and write letters with your fingertip.
 - **Water Painting** - outside with a bucket of water and a large paintbrush, "paint" (water only) letters/words on the sidewalk, driveway, or fence.
 - **Glue Letters** - use regular squeeze glue to form letters on paper. Sprinkle glitter or over the letters if you want for extra sparkle. Once the glue dries, trace the letters with your finger. Works well to make the letters on index cards.
 - **Sidewalk Chalk** - form letters/words outside on the driveway or sidewalk.
 - **Body Letters** - using your fingertip, write letters on your child's palm or back, then see if they can guess the letter. Switch and let your child "write letters on your hand/back.
 - **Get Creative** - see what else you have around the house to make letters; yarn, string, pipe cleaners, Wikki Stix, cooked spaghetti, rope.
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- If your child is sensitive to certain textures, use a tool instead of the fingertip (paint brush, Q tip, craft stick, etc.)
 - For early learners, you can also use these ideas to make lines and shapes for prewriting skills.
 - Parents can make shapes/letters, and kids can trace.

